**MEDITERRANEAN VEGETABLE** 

	08 NINTH ST SE, 253-931-3016   WW		4		
		OCTOBER 201			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY		FRIDAY
3	•	4	5	6	7
CHILI TOSSED SALAD CORN BREAD ORANGE	BAKED HAM YAMS TOSSED SALAD PEARS	BAKED COD W/DILL RAINBOW PASTA MELON SUGAR COOKIE	BROCCOLI CHICKEN STUFFING BABY CARROTS AMBROSIA SALAD		BEEF STIR FRY FRIED RICE PEACHES FORTUNE COOKIE
10	1	1	2	13	14
VEGETABLE LASAGNA ITALIAN VEGETABLES GARLIC BREAD STICK PINEAPPLE W/ COCONUT	ROAST BEEF ROASTED POTATO SPINACH TROPICAL FRUIT	SPLIT PEA SOUP TURKEY SANDWICH TOMATO SLICES GRAPES	BELGIAN WAFFLES W/STRAWBERRIES SCRAMBLED EGGS SAUSAGE ORANGE JUICE		BBQ PORK SANDWICH BAKED BEANS APPLE COLESLAW
17	1:	1	9 BIRTHDAY LUNCH	20	21 VOLUNTEER LUNCH TICKET REQ'D
PINEAPPLE CHICKEN RICE CARROTS FRUIT FORTUNE COOKIE	FISH SANDWICH SPINACH SALAD CHIPS & SALSA PUDDING	BEEF BARLEY SOUP CAESAR SALAD PEACHES OATMEAL RAISIN COOKIE	TURKEY ALA KING MIXED VEGETABLES BISCUIT TROPICAL FRUIT CAKE		TANG GALAXY PLATTER CELESTIAL PLATTER CRATER CRUST SPAGHETTI WITH SPACE BALLS MOON PIES
24	2	5 2	26	27	28
CLAM CHOWDER GREEN SALAD BREAD STICK BERRIES W/TOPPING	CHICKEN PARMESAN GARLIC MASHED POTATO TOSSED SALAD GARLIC BREAD PEARS	BROCCOLI CHEESE SOUP EGG SALAD SANDWICH SPONGE CAKE STRAWBERRIES	HAMBURGER STROGANOFF EGG NOODLES PEAS & CARROTS PLUMS		CRAB CAKES RED POTATO VEGETABLE BLEND MIXED FRUIT CHOCOLATE CHIP COOKIE
BRATWURST SAUERKRAUT GERMAN POTATO SALAD RYE BREAD BAKED APPLE					Catholic Community Services Serving Western Washington

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	N	OVEMBER 20	<u>1</u> 1		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY		FRIDAY
	1		2	3	
	BBQ PORK BROWN RICE RIVIERA BLEND VEGETABLES ROLL, MANGO/PINEAPPLE	BEAN SOUP SPINACH BACON SALAD ROLL BAKED APPLE	FISH FLORENTINE ROASTED POTATO ZUCCHINI ROLL CHERRY CRISP		LASAGNA GREEN BEANS GARLIC BREAD PEARS
7	8		9	10	
BAKED CHICKEN  RICE PILAF  ZUCCHINI & TOMATO  WHEAT ROLL  APPLESAUCE	STUFFED PEPPERS  SALAD  PEACHES  LEMON BAR	CREAM OF MUSHROOM SOUP, 1/2 CHICKEN SALAD SANDWICH MANDARIN ORANGES	POLISH DOG APPLE COLESLAW TROPICAL FRUIT		CLOSED VETERANS DAY
14	15	1	6	17	
MEXICAN BEEF BEAN & RICE SALAD SPANISH CABBAGE SALAD ROLL PINEAPPLE, COCONUT	LEMON HERB CHICKEN CINNAMON BAKED APPLE ITALIAN VEGETABLE ICE CREAM	TURKEY NOODLE SOUP PINEAPPLE CARROT SLAW ORANGE PEANUT BUTTER COOKIE	BIRTHDAY LUNCH MONTE CRISTO SANDWICH GREEN SALAD MANGO & YOGURT		PORK ROAST BAKED POTATO ASPARAGUS MIXED FRUIT
21	22 THANKSGIVING LUNCH SPECIAL TICKET REQ'D	2	23	24	
SALMON PATTY WILD RICE BROCCOLI, ROLL PEACHES, COOKIE	ROAST TURKEY MASHED POTATO W/ GRAVY YAMS, GREEN BEANS CRANBERRY SAUCE, ROLL DRESSING, PUMPKIN PIE	FRENCH DIP AU JUS POTATO SALAD GRAPES	CLOSED THANKSGIVING HOLIDAY	Y	CLOSED THANKSGIVING HOLIDAY
28	29	3	30		
FRUIT CREPES O'BRIEN POTATOES SAUSAGE MELON	MEATLOAF BAKED POTATO CARROTS PEARS	IVAR'S CLAM CHOWDER GREEN SALAD BREAD STICK BERRIES W/TOPPING			Catholic Community Service Serving Western Washington

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DECEMBER 2011								
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
Catholic Community Services Serving Western Washington			HAMBURGER SWEET POTATO FRIES CLAREMONT SALAD APPLESAUCE	TURKEY TETRAZZINI CAESAR SALAD PEACHES				
KIELBASA SAUERKRAUT RED POTATOES WHOLE WHEAT ROLL CARROT CAKE	LEMON PEPPER COD SCALLOPED POTATOES SCANDINAVIAN VEGETABLES TROPICAL FRUIT	VEGETABLE SOUP ROAST BEEF SANDWICH MIXED FRUIT	BIRTHDAY LUNCH  HONEY MUSTARD CHICKEN GARLIC MASHED POTATO BRUSSELS SPROUTS CAKE	SHEPPARD'S PIE COLESLAW FRUIT COCKTAIL				
ROAST BEEF ROASTED POTATOES SPINACH TROPICAL FRUIT		WILD RICE SOUP CHICKEN SANTA FE SALAD BREAD STICK MIXED BERRIES		FISH SANDWICH SPINACH SALAD CHIPS & SALSA PUDDING				
SPAGHETTI GREEN BEANS GARLIC BREAD FRUIT COCKTAIL	IVAR'S CLAM CHOWDER GREEN SALAD BREADSTICK BERRIES W/ TOPPING	MINESTRONE SOUP EGG SALAD SANDWICH PEACHES JUICE	TURKEY ALA KING MIXED VEGETABLES BISCUIT TROPICAL FRUIT	LUNCH BY STAFF				
CLOSED CHRISTMAS HOLIDAY	SWEET & SOUR CHICKEN RICE, FORTUNE COOKIE ORIENTAL VEGETABLES MANDARIN ORANGES	MEATBALL SOUP COBB SALAD ROLL, BANANA FROSTED CAKE	LIME FISH CREAMY LINGUINE - ZUCCHINI ROLL, PEACHES	MEATLOAF BAKED POTATO CARROTS PEARS				